

breakfast

fruits & juices

broiled grapefruit with wild flower honey	5.
fresh seasonal fruit plate honeydew, cantaloupe, pineapple and seasonal fruits with cottage cheese or natural low-fat yogurt	11.
freshly squeezed orange or grapefruit juice	4.
tomato, cranberry, apple or pineapple juice	3.5

cereals

our home-blended and toasted granola with currants, almonds and apricots	6.
oatmeal with wild flower honey and brown sugar	5. 5.5
with fresh berries	7.5
assorted cereals with milk, skim milk or cream	5.

on the side

apple smoked bacon, pork sausage, canadian bacon or ham	4.
breakfast potatoes	3.
english muffin or toast with assorted preserves	2.5
bagel with cream cheese	3.
pastry	3.
crab cakes (one)	6.
yogurt	4.
berries	7.
cheese	2.
smoked salmon	7.
mushrooms	4.

*These items are cooked to order and/or may contain raw or undercooked ingredients. Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

breakfast specialties

all egg dishes served with breakfast potatoes & choice of toast

*two eggs, any style	11.
with canadian bacon, american bacon, ham or sausage links	
*egg white omelet	11.
with asparagus and tomatoes	
*the azure benedict	14.
with crab cakes, poached eggs and hollandaise	
*traditional eggs benedict	11.
with canadian bacon, breakfast potatoes, asparagus, hollandaise sauce	
malted waffles	9.
with chantilly cream and fresh berries	
french toast	10.
with maple syrup, roasted potatoes	
*grilled steak & eggs	16.
quick pan-seared ny sirloin, with two eggs any style	
*three egg omelet of your choice	12.
ham, bacon, mushrooms, asparagus, tomato, bell peppers or onion	
three silver dollar buttermilk pancakes	11.
with your choice of apple or blueberry compote	

house specialties

served with choice of fruit juice

*smoked atlantic salmon and toasted bagel	14.
served with cream cheese, onions, lemon, capers and hard cooked eggs freshly brewed coffee, decaffeinated coffee or tea	
power breakfast	13.
selection of seasonal fruits and berries home-blended and toasted granola with currants, almonds and apricots choice of protein bar freshly brewed coffee, decaffeinated coffee or green tea	

beverages

freshly brewed regular or decaffeinated coffee	3.
espresso or cappuccino	3.5
hot chocolate	3.
selection of loose leaf or irish tea	3.
sparkling or still water	5.